**FOR IMMEDIATE RELEASE**

January 6, 2023

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**Multiage Programs at JMC Library January 2023**

JACKSON, Tenn. – The Jackson-Madison County Library has several ongoing programs for adults this month.

**BookTok Book Talks** meets January 24, 6:00 pm at Starbucks, 2034 N. Highland Ave. Join us at Starbucks by the mall for our teen/adult book club featuring titles circulating the world of #BookTok. This month's book is *Legendborn* by Tracy Deonn. Get your copy at the library or ask how to read online before the meeting!

**Game Nights** are every first and third Thursday at 5:00 pm on January 5 & 19. Join us for board games of all kinds! Anything from chess and checkers to Dungeons and Dragons and Settlers of Catan. Game Nights will feature a D&D session. Call Shayne at 731-425-8600 or email splunk@madisoncountytn.gov to register for D&D.

**Line Dance** is every Monday at 6:00 pm on January 9, 23 & 30. Join us for an hour of fun and exercise with Line Dance. Improve strength and muscle function, increase balance and flexibility, and cardiovascular health!

**Tai Chi** is every Tuesday at 10:00 am on January 3, 10, 17, 24 & 31. Tai chi is a Chinese tradition that is now practiced as a graceful form of exercise.

**American Sign Language for Beginners** is every Tuesday in January and February at 11:00 am. Join us and our friends from the Jackson Center for Independent Living to learn the basics of ASL. All ages are welcome!

**Stitching Hour** is every Tuesday at 2:00 pm on January 3, 10, 17, 24 & 31. Join others for a cozy session of knitting, crocheting, embroidering, tatting, or any other textile skill. Beginners welcome!

**Arts & Crafts (for Grownups)** is every Monday at 11:00 am on January 9, 23 & 30.

Join us for an hour of arts and crafts while we listen to music or a podcast.

The Jackson-Madison County Library is located at 433 E. Lafayette St. in downtown. For more information, contact the Library at 731-425-8600, visit the Library’s Facebook page at Facebook.com/JMCLibrary or its website at [www.jmclibrary.org](http://www.jmclibrary.org).

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